Many may feel they shouldn’t get involved in someone else's business, but if you see or hear violence, don’t ignore it: **call the police.**

Listen without judgment, acknowledge their situation, and be supportive. Help them get the resources they need.

**CASA:** casa-stpete.org / (727) 895-4912  
**The Haven of RCS:** rcspinellas.org / (727) 442-4128